Spinning!

Group Fitness Schedule
Ultimate Fitness Center

June 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:15 AM		SPINNING *w/Michelle*		SPINNING *w/Michelle*		(8:30) SPINNING *w/Celi*
9:00 AM		SPINNING *w/Celi*		SPINNING *w/Celi*	SPINNING *w/Celi*	(10:00) SPINNING *w/Jenny*
5:30 PM	SPINNING *w/Blanca*	SPINNING *w/Celi*		SPINNING *w/Celi*		
6:30 PM	SPINNING *w/Blanca*	SPINNING *w/Jenny*	SPINNING *w/Blanca*	SPINNING *w/Jenny*	SPINNING *w/Celi*	

* Note: We are not responsible for lost or stolen items left in the aerobic room.